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Cookbooks, Quick and Easy Recipes

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Mark Bittman's Kitchen Express: 404 Inspired Seasonal Dishes You Can Make in Twenty Minutes or Less by Mark Bittman.

Read by Jake Williams Reading time 9 hours 11 minutes.

With the goal of getting good food onto the table fast and having fun doing it, the author provides "precisely imprecise" recipes for dishes such as microwave honey eggplant, grilled steak with gorgonzola sauce, and crisp fennel gratin. Includes a substitution guide and advice on stocking a pantry. 2009.

[Download from BARD: Mark Bittman's Kitchen Express: 404 Inspired...](#)

Also available on digital cartridge DB069447

Learning to Cook with Marion Cunningham By Marion Cunningham

Read by Kerry Dukin Reading time 9 hours, 52 minutes

Cunningham, who revised The Fannie Farmer Cookbook (DB 55788), addresses adults who have never learned to cook. Presents recipes for a wide range of simple dishes that are devoid of confusing terms and designed to inspire further experimentation. Lists beginner kitchen tools and describes preparation techniques. 1999.

[Download from BARD: Learning to Cook with Marion Cunningham](#)

Also available on digital cartridge DB073881

Barefoot Contessa:--How Easy is That? Fabulous Recipes & Easy Tips By Ina Garten

Read by Kerry Cundiff

Reading time 4 hours, 20 minutes

Television personality offers recipes from appetizers to desserts that take limited time to prepare but are still elegant. Indicates cooking methods and ingredients and provides storage tips. Bestseller. 2010.

[Download from BARD: Barefoot Contessa--How Easy is That?...](#)

Also available on digital cartridge DB071944

Barefoot Contessa Back to Basics: Fabulous Flavor from Simple Ingredients by Ina Garten.

Read by Kerry Dukin

Reading time 5 hours 20 minutes.

Bestselling cookbook author and television personality offers accessible recipes that pair ingredients to unlock the flavor of food and provide a great-smelling house when guests arrive. Covers cocktail hour drinks and appetizers, soups, lunch and dinner entrees, vegetables, desserts, and breakfast fare. Also provides tips for easy entertaining. Bestseller. 2008.

[Download from BARD: Barefoot Contessa Back to Basics: Fabulous...](#)

Also available on digital cartridge DB068509

The Six O'Clock Scramble: Quick, Healthy, and Delicious Dinner Recipes for Busy Families by Aviva Goldfarb

Read by Carol Dines

Reading time 15 hours 38 minutes.

Fifty-two weeks' worth of weekday main dishes for dinner, organized by season. Provides nutritional information, a staples list, suggestions for side dishes, and possibilities for snacks and school lunches. Includes entrees such as orange and lemon flounder as well as vegetarian dishes such as cheese quesadillas with lime pesto. 2006.

[Download from BARD: The Six O'Clock Scramble: Quick, Healthy, and...](#)

Also available on digital cartridge DB068390

4-Ingredient Recipes for 30-Minute Meals: 100 Menus with Recipes, Short-Cuts, Grocery Lists by Barbara C. Jones.

Read by Carol Dines

Reading time 10 hours 51 minutes.

Ideas for easy-to-prepare family meals. Each menu consists of four dishes made with four or fewer ingredients and includes a complete shopping list. Many groceries are precooked, packaged, frozen, or canned goods. Covers breakfast; soups and stews; chicken, beef, pork, and seafood dishes; grilled food; and sandwiches. 2004.

[Download from BARD: 4-Ingredient Recipes for 30-Minute Meals...](#)

Also available on digital cartridge DB068365

Get Cooking 150 Simple Recipes to Get You Started in the Kitchen By Mollie Katzen

Read by Kerry Dukin

Reading time 10 hours, 17 minutes

Aimed at novice cooks, covers kitchen equipment and utensil basics, suggests specialty foods for your pantry, and shares a range of recipes from soup through dessert for omnivores and vegetarians. Clearly explained, step-by-step instructions include creative tips to vary recipes. Suggests use of purchased pie crusts and similar shortcuts. 2009.

[Download from BARD: Get Cooking 150 Simple Recipes to Get You...](#)

Also available on digital cartridge DB071972

Hungry Girl: Recipes and Survival Strategies for Guilt-Free Eating in the Real World by Lisa Lillien

Read by Madelyn Buzzard

Reading time 9 hours 38 minutes.

A cookbook that evolved from a daily e-mail service about guilt-free eating. The author describes her recipes as simple, fun, and easy meals made using packaged foods and shortcuts. Provides nutritional information and tips on foods to avoid. Includes guides for surviving parties, movies, restaurants, and convenience stores. Bestseller. 2008.

[Download from BARD: Hungry Girl Recipes and Survival Strategies for...](#)

Also available on digital cartridge DB067081

Jamie's Food Revolution: Rediscover How to Cook Simple, Delicious, Affordable Meals By Jamie Oliver

Read by Andy Pyle

Reading time 7 hours, 4 minutes

British chef advocates simple but healthy meals to combat obesity. Offers one hundred affordable meals to create from scratch--many that can be made in twenty minutes--using fresh, unprocessed ingredients. Urges cooks to learn such recipes and teach them to family and friends. Bestseller. 2008.

[Download from BARD: Jamie's Food Revolution: Rediscover How to...](#)

Also available on digital cartridge DB071108

Just in Time! All-New 30-Minute Meals, Plus Super-Fast 15-Minute Meals and Slow-it Down 60-Minute Meals By Rachael Ray

Read by Erin Jones

Reading time 8 hours 42 minutes

Providing new recipes for her trademark quick and simple meals, television chef Ray also offers some dishes that are more complex. Both types cover a variety of categories including burgers, sandwiches, thick soups ("stoups"), stews, seafood, pasta, and entrees made of vegetables, meat, and poultry. Bestseller. 2007.

[Download from BARD: Just in Time! All-New 30 Minute Meals, Plus...](#)

Also available on digital cartridge DB065762

Also available on cassette RC065762

Yum-o! The Family Cookbook by Rachael Ray.

Read by Erin Jones

Reading time 5 hours 31 minutes.

Food Network host Ray suggests ways to make eating healthfully easier, more affordable, and fun for families. Offers recipes designed to encourage children to help prepare meals. Provides ideas for breakfasts, lunches, snacks, and dinners, including rollover suppers that make use of leftovers. 2008.

[Download from BARD: Yum-O! the Family Cookbook](#)

Also available on digital cartridge DB066865

Real Food, Real Fast By Sam Stern

Read by Andy Pyle

Reading time 5 hours, 48 minutes

British teen cook, with some help from his mom, provides recipes that take five, ten, fifteen, twenty, or thirty minutes to prepare, from cold dishes and appetizers to soups and entrées. Offers time-saving tips, like using the right-size pan, and suggestions for leftovers. For grades 6-9 and older readers. 2006.

[Download from BARD: Real Food, Real Fast](#)

Also available on digital cartridge DB067887

The Best of Cooking with 3 Ingredients by Ruthie Wornall

Read by Carol Dines

Reading time 8 hours 25 minutes.

Recipes range from appetizers and beverages to soups, salads, vegetables, main dishes, breads, and desserts--each based on three economical ingredients and a short preparation time, although cooking and baking times vary. Includes holiday and special-occasion menus. 2002.

[Download from BARD: The Best of Cooking with 3 Ingredients](#)

Also available on digital cartridge DB067815

Glorious One Pot Meals: a Revolutionary New Quick and Healthy Approach to Dutch-Oven Cooking By Elizabeth Yarnell

Read by Gary Tipton

Reading time 5 hours, 49 minutes

Dozens of recipes for complete, balanced meals using methods of "infusion cooking" in which meats, vegetables, and grains are layered in a lidded cast-iron Dutch oven and flash-cooked in a very hot oven. Time-saving dishes include beef with sherry mushroom sauce, feta shrimp with roasted tomatoes, and sesame-peanut tofu. 2009.

[Download from BARD: Glorious One Pot Meals: a Revolutionary New...](#)

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