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Cookbooks: Quick and Easy Recipes

Sometimes learning to cook can seem a daunting prospect. All these cookbooks focus on recipes that are quick, simple, contain just a few ingredients, and are often affordable too! To order any of these titles, contact the library by email, phone, mail, in person, or order through our [online catalog](#). Most titles can be [downloaded from BARD](#).

Wraps Easy Recipes for Handheld Meals by Mary Corpening Barber

Read by Kerry Dukin

2 hours 57 minutes

Fifty recipes for preparing a wide variety of fillings wrapped in tortillas. Examples are tofu twister, sloppy joe, hungry Hungarian, Vietnamese wrap-ease, trail mix, and ice cream wrapwich. Includes choices for breakfast, lunch, dinner, and dessert.

[Download from BARD: Wraps Easy Recipes for Handheld Meals](#)

Also available on digital cartridge

Mark Bittman's Kitchen Express: 404 Inspired Seasonal Dishes You Can Make in Twenty Minutes or Less by Mark Bittman

Read by Jake Williams

9 hours 11 minutes

With the goal of getting good food onto the table fast and having fun doing it, the author provides "precisely imprecise" recipes for dishes such as microwave honey eggplant, grilled steak with gorgonzola sauce, and crisp fennel gratin. Includes a substitution guide and advice on stocking a pantry. 2009.

[Download from BARD: Mark Bittman's Kitchen Express: 404 Inspired...](#)

Also available on digital cartridge DB069447

Good and Cheap Eat Well on \$4/Day by Leanne Brown

Read by Kerry Dukin

6 hours, 15 minutes

Recipes originally created as part of a master's program capstone project to address the daily funding limitations of the SNAP food assistance program--capped at four dollars per person per day. Provides strategies for grocery shopping, guides to food seasonality, and suggestions for flavor enhancement. Includes cost per serving for recipes. 2015

[Download from BARD: Good and Cheap Eat Well on \\$4/Day](#)

Also available on digital cartridge DB084666

[Download from BARD as Electronic Braille BR21507](#)

Also available in braille BR021507

Betty Crocker 4-Ingredient Dinner: Prep in Minutes, Make it Delicious, Easy Homemade Tonight by Betty Crocker

2 volumes of braille

Cookbook for dishes requiring only four ingredients. Some recipes are super-express and can be prepared in less than twenty minutes. Includes soups, salads, pastas, grains, sandwiches, pizzas, skillet meals, stir-fries, roasts, casseroles, burgers, grilled dishes, sides, and desserts as well as pantry planning tips, nutritional information, and metric conversions. 2003.

[Download from BARD as Electronic Braille BR19088](#)

Also available in braille BR019088

Learning to Cook with Marion Cunningham by Marion Cunningham

Read by Kerry Dukin

9 hours, 52 minutes

Cunningham, who revised The Fannie Farmer Cookbook (DB 55788), addresses adults who have never learned to cook. Presents recipes for a wide range of simple dishes that are devoid of confusing terms and designed to inspire further experimentation. Lists beginner kitchen tools and describes preparation techniques. 1999.

[Download from BARD: Learning to Cook with Marion Cunningham](#)

Also available on digital cartridge DB073881

Barefoot Contessa:--How Easy is That? Fabulous Recipes & Easy Tips by Ina Garten

Read by Kerry Cundiff

4 hours, 20 minutes

Television personality offers recipes from appetizers to desserts that take limited time to prepare but are still elegant. Indicates cooking methods and ingredients and provides storage tips. Bestseller. 2010.

[Download from BARD: Barefoot Contessa--How Easy is That?...](#)

Also available on digital cartridge DB071944

Barefoot Contessa Back to Basics: Fabulous Flavor from Simple Ingredients by Ina Garten

Read by Kerry Dukin

5 hours 20 minutes

Bestselling cookbook author and television personality offers accessible recipes that pair ingredients to unlock the flavor of food and provide a great-smelling house when guests arrive. Covers cocktail hour drinks and appetizers, soups, lunch and dinner entrees, vegetables, desserts, and breakfast fare. Also provides tips for easy entertaining. Bestseller. 2008.

[Download from BARD: Barefoot Contessa Back to Basics: Fabulous...](#)

Also available on digital cartridge DB068509

The Six O'Clock Scramble: Quick, Healthy, and Delicious Dinner Recipes for Busy Families by Aviva Goldfarb

Read by Carol Dines

15 hours 38 minutes

Fifty-two weeks' worth of weekday main dishes for dinner, organized by season. Provides nutritional information, a staples list, suggestions for side dishes, and possibilities for snacks and school lunches. Includes entrees such as orange and lemon flounder as well as vegetarian dishes such as cheese quesadillas with lime pesto. 2006.

[Download from BARD: The Six O'Clock Scramble: Quick, Healthy, and...](#)

Also available on digital cartridge DB068390

Fix-It and Forget-It Lightly Healthy, Low-Fat Recipes for Your Slow Cooker by Phyllis Pellman Good

Read by Gary Tipton

17 hours, 16 minutes

More than 500 recipes for foods prepared using slow cookers. Includes main courses, soups, vegetables, desserts, appetizers, beverages, breads, and more. Companion to Fix-It and Forget-It Cookbook (RC 54912). 2004.

[Download from BARD: Fix-It and Forget-It Lightly Healthy, Low-Fat...](#)

Cooking Fun 121 Simple Recipes to Make with Kids by Rae Grant

Read by Kerry Cundiff

3 hours, 46 minutes

Family favorites and old-fashioned recipes, many with few ingredients. Covers toasts, sandwiches, and soups; salads and vegetable sides; egg dishes for every meal; entrees; and cocoa, lemonade, and other drinks. Also includes quick breads, cakes, cookies, and desserts. Recommends adult participation. For grades 3-6. 2008.

[Download from BARD: Cooking Fun 121 Simple Recipes to Make with...](#)

Also available on digital cartridge DB068363

Not Your Mother's Microwave Cookbook Fresh, Delicious, and Wholesome Main Dishes, Snacks, Sides, Desserts, and More by Beth Hensperger

Read by Eva Wilhelm

9 hours, 34 minutes

Collection of microwave-centric recipes from the author of Not Your Mother's Slow Cooker Cookbook (DB 87396). Sections include advice on how to cook using a microwave--including features to be aware of--and recipes for appetizers, eggs, soups, grains, vegetables, fish and poultry, sauces, drinks, and desserts. 2010.

[Download from BARD: Not Your Mother's Microwave Cookbook Fresh...](#)

Also available on digital cartridge DB088474

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Also available in braille BR022190

Not Your Mother's Slow Cooker Cookbook by Beth Hensperger

Read by Mary Kane

21 hours, 55 minutes

Collection of recipes featuring the use of a slow cooker. Includes a discussion of cooking using moist or dry heat, information on the components of a slow cooker, and advice on using one. Recipes include an introductory paragraph and notes on serving size, type of cooker, setting, and cook time. 2016.

[Download from BARD: Not Your Mother's Slow Cooker Cookbook](#)

Also available on digital cartridge DB087396

[Download from BARD as Electronic Braille BR22079](#)

Also available in braille BR022079

4-Ingredient Recipes for 30-Minute Meals: 100 Menus with Recipes, Short-Cuts, Grocery Lists by Barbara C. Jones

Read by Carol Dines

10 hours 51 minutes

Ideas for easy-to-prepare family meals. Each menu consists of four dishes made with four or fewer ingredients and includes a complete shopping list. Many groceries are precooked, packaged, frozen, or canned goods. Covers breakfast; soups and stews; chicken, beef, pork, and seafood dishes; grilled food; and sandwiches. 2004.

[Download from BARD: 4-Ingredient Recipes for 30-Minute Meals...](#)

Also available on digital cartridge DB068365

Get Cooking 150 Simple Recipes to Get You Started in the Kitchen By Mollie Katzen

Read by Kerry Dukin

10 hours, 17 minutes

Aimed at novice cooks, covers kitchen equipment and utensil basics, suggests specialty foods for your pantry, and shares a range of recipes from soup through dessert for omnivores and vegetarians. Clearly explained, step-by-step instructions include creative tips to vary recipes. Suggests use of purchased pie crusts and similar shortcuts. 2009.

[Download from BARD: Get Cooking 150 Simple Recipes to Get You...](#)

Also available on digital cartridge DB071972

Hungry Girl: Recipes and Survival Strategies for Guilt-Free Eating in the Real World by Lisa Lillien

Read by Madelyn Buzzard

9 hours 38 minutes

A cookbook that evolved from a daily e-mail service about guilt-free eating. The author describes her recipes as simple, fun, and easy meals made using packaged foods and shortcuts. Provides nutritional information and tips on foods to avoid. Includes guides for surviving parties, movies, restaurants, and convenience stores. Bestseller. 2008.

[Download from BARD: Hungry Girl Recipes and Survival Strategies for...](#)

Also available on digital cartridge DB067081

Help! My Apartment Has a Kitchen Cookbook 100+ Great Recipes with Foolproof Instructions by Kevin Mills

Read by Gary Tipton

6 hours, 51 minutes

Mills says he ate out a lot as a college student, until he drained his savings and was forced into the kitchen. In a panic, he called Mom for help. She compiled these simple recipes, with tips and warnings for preparing them. She provided suggestions for basic staples--spices, canned goods, and utensils--to have on hand.

[Download from BARD: Help! My Apartment Has a Kitchen Cookbook...](#)

Also available on digital cartridge DB045890

[Download from BARD as Electronic Braille BR11515](#)

Also available in braille BR011515

Jamie's Food Revolution: Rediscover How to Cook Simple, Delicious, Affordable Meals by Jamie Oliver

Read by Andy Pyle

7 hours, 4 minutes

British chef advocates simple but healthy meals to combat obesity. Offers one hundred affordable meals to create from scratch--many that can be made in twenty minutes--using fresh, unprocessed ingredients. Urges cooks to learn such recipes and teach them to family and friends. Bestseller. 2008.

[Download from BARD: Jamie's Food Revolution: Rediscover How to...](#)

Also available on digital cartridge DB071108

Pillsbury, Fast and Healthy Cookbook: 350 Easy Recipes for Everyday

Read by Sue Ketelsen

17 hours, 40 minutes

A collection of 350 low-fat or reduced-fat recipes from Pillsbury's Fast and Healthy magazine, along with tips and techniques, boxes on ingredients, and detailed nutrition analyses. Prep times are also given, and most recipes take under 30 minutes.

[Download from BARD: Pillsbury, Fast and Healthy Cookbook: 350 Easy...](#)

Also available on digital cartridge DBC001644

[Download from BARD as Electronic Braille BR12485](#)

Also available in braille BR012485

Fix-It and Forget-It Cookbook: Feasting With Your Slow Cooker by Dawn J. Ranck

Read by Barbara Pinolini

17 hours, 46 minutes

More than 800 recipes for foods prepared using slow cookers, including appetizers, snacks, and spreads; breakfast foods; soups and stews; main dishes; vegetables; and desserts. The authors have included numerous helpful hints to aid in the use of slow cookers. Bestseller. 2002.

[Download from BARD: Fix-It and Forget-It Cookbook: Feasting With...](#)

Also available on digital cartridge DB054912

[Download from BARD as Electronic Braille BR14192](#)

Also available in braille BR014192

Just in Time! All-New 30-Minute Meals, Plus Super-Fast 15-Minute Meals and Slow-it Down 60-Minute Meals by Rachael Ray

Read by Erin Jones

8 hours 42 minutes

Providing new recipes for her trademark quick and simple meals, television chef Ray also offers some dishes that are more complex. Both types cover a variety of categories including burgers, sandwiches, thick soups ("stoups"), stews, seafood, pasta, and entrees made of vegetables, meat, and poultry. Bestseller. 2007.

[Download from BARD: Just in Time! All-New 30 Minute Meals, Plus...](#)

Also available on digital cartridge DB065762

Yum-o! The Family Cookbook by Rachael Ray

Read by Erin Jones

5 hours 31 minutes.

Food Network host Ray suggests ways to make eating healthfully easier, more affordable, and fun for families. Offers recipes designed to encourage children to help prepare meals. Provides ideas for breakfasts, lunches, snacks, and dinners, including rollover suppers that make use of leftovers. 2008.

[Download from BARD: Yum-O! the Family Cookbook](#)

Also available on digital cartridge DB066865

Almost from Scratch: 600 Recipes for the New Convenience Cuisine by Andrew Schloss

5 volumes of braille

Hundreds of recipes using packaged food from the store as the convenient basis of gourmet meals. Gives advice on setting up a pantry and going shopping. Includes recipes for courses from appetizers to desserts as well as meatless and ethnic dishes. 2003.

[Download from BARD as Electronic Braille BR18144](#)

Also available in braille BR018144

Real Food, Real Fast by Sam Stern

Read by Andy Pyle

5 hours, 48 minutes

British teen cook, with some help from his mom, provides recipes that take five, ten, fifteen, twenty, or thirty minutes to prepare, from cold dishes and appetizers to soups and entrées. Offers time-saving tips, like using the right-size pan, and suggestions for leftovers. For grades 6-9 and older readers. 2006.

[Download from BARD: Real Food, Real Fast](#)

Also available on digital cartridge DB067887

**Impatient Foodie 100 Delicious Recipes For a Hectic, Time-Starved World
by Elettra Wiedemann**

Read by Kay Kerimian

4 hours, 34 minutes

Blogger presents cookbook aimed at providing cuisine-level food made in a short period of time, encouraging sourcing ingredients from local providers, and presenting a slow-food-style alternative for people who live a hectic lifestyle. Recipes cover a large variety of vegetables, meats, fruits, and some desserts. 2017.

[Download from BARD: Impatient Foodie 100 Delicious Recipes For ...](#)

Also available on digital cartridge DB088740

[Download from BARD as Electronic Braille BR22187](#)

Also available in braille BR022187

The Best of Cooking with 3 Ingredients by Ruthie Wornall

Read by Carol Dines

8 hours 25 minutes

Recipes range from appetizers and beverages to soups, salads, vegetables, main dishes, breads, and desserts--each based on three economical ingredients and a short preparation time, although cooking and baking times vary. Includes holiday and special-occasion menus. 2002.

[Download from BARD: The Best of Cooking with 3 Ingredients](#)

Also available on digital cartridge DB067815

**Glorious One Pot Meals: a Revolutionary New Quick and Healthy
Approach to Dutch-Oven Cooking by Elizabeth Yarnell**

Read by Gary Tipton

5 hours, 49 minutes

Dozens of recipes for complete, balanced meals using methods of "infusion cooking" in which meats, vegetables, and grains are layered in a lidded cast-iron Dutch oven and flash-cooked in a very hot oven. Time-saving dishes include beef with sherried mushroom sauce, feta shrimp with roasted tomatoes, and sesame-peanut tofu. 2009.

[Download from BARD: Glorious One Pot Meals: a Revolutionary New...](#)

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