Gardening Books

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# The American Horticultural Society Gardening Manual by American Horticultural Society

Read by Butch Hoover

31 hours, 33 minutes

Practical, hands-on advice on every aspect of gardening from design and planning to planting and maintenance. Discusses flowers, lawns, and vegetables. Includes information on constructing decks, patios, fences, ponds, and other yard features. 2000.

[Download from BARD: The American Horticultural Society Gardening…](https://hdl.loc.gov/loc.nls/db.54756)

Also available on digital cartridge DB054756

# All New Square Foot Gardening: Grow More in Less Space! by Mel Bartholomew

Read by Bob Moore

10 hours 36 minutes.   
In this update to Square Foot Gardening (RC 21079, BR 05870), the author advises using six-inch-deep boxes containing soil that requires no digging or fertilizing and vertical frames for climbing plants. Recommends creating wider aisles and elevating boxes for easier access. Gives plant-by-plant suggestions for extending the growing season. 2005.  
 [Download from BARD: All New Square Foot Gardening: Grow More…](http://hdl.loc.gov/loc.nls/db.69864)

Also available on digital cartridge DB069864

[Download from BARD as Electronic Braille BR18588](https://bard.loc.gov)

Also available in braille BR018588

# Designing the New Kitchen Garden: An American Potager Handbook by Jennifer R. Bartley

Read by Kerry Dukin

6 hours 37 minutes.   
Landscape designer discusses the medieval origins of potagers, year-round kitchen gardens that produce herbs and vegetables and incorporate ornamental perennial and woody plantings for aesthetic appeal. Covers design techniques and plant selection, using specific potagers in Maryland, Texas, and Vermont, her own in Ohio, and restaurant gardens as examples. 2006.   
 [Download from BARD: Designing the New Kitchen Garden: An…](http://hdl.loc.gov/loc.nls/db.69998)

Also available on digital cartridge DB069998

# Small-Space Vegetable Gardens: Growing Great Edibles in Containers, Raised Beds, and Small Plots by Andrea Bellamy

Read by Kerry Dukin

7 hours, 18 minutes

Focusing on the special challenges of gardening in containers and small plots, Bellamy gives tips on designing and building garden areas to make the most of small spaces. Offers advice on growing in tight settings and provides an A to Z list of plants, including container suitability. 2014

[Download from BARD: Small-Space Vegetable Gardens: Growing…](https://hdl.loc.gov/loc.nls/db.83087)

Also available on digital cartridge DB083087

[Download from BARD as Electronic Braille BR21234](https://bard.loc.gov)

Also available in braille BR021234

# Grow your Own Herbs: the 40 Best Culinary Varieties for Home Gardens by Susan Belsinger and Arthur O. Tucker

Read by Kristin Allison

5 hours, 42 minutes

A food writer and a botanist collaborate on this guide to growing and cooking with forty common herbs. There are sections on general gardening issues and cooking techniques, and for each herb there is advice on cultivation, propagation, harvesting, and preserving, plus tasting notes and cooking tips. 2019.

[Download from BARD: Grow your Own Herbs: the 40 Best Culinary…](https://hdl.loc.gov/loc.nls/db.95988)

Also available on digital cartridge DB095988

# The Nonstop Garden: A Step-by-Step Guide to Smart Plant Choices and Four-Season Designs by Stephanie Cohen

Read by Kerry Cundiff

9 hours, 2 minutes

A columnist for Fine Gardening magazine and a horticultural consultant provide plans, plant lists, and tips for creating gardens that provide year-round interest. They suggest trees, shrubs, perennials, bulbs, annuals, tropicals, edibles, and vines; discuss ornamentation, containers, and structures; and include a peak performance table. 2010.

[Download from BARD: The Nonstop Garden: A Step-by-Step Guide…](http://hdl.loc.gov/loc.nls/db.71745)

Also available on digital cartridge DB071745

# The New Organic Grower: a Master’s Manual of Tools and Techniques for the Home and Market Gardener by Eliot Coleman

Read by Bob Moore

15 hours, 16 minutes

Originally published in 1989, this guide for organic gardening has been updated for its thirtieth anniversary edition. Includes detailed advice for both large- and small-scale gardeners, such as choosing your plot, planning your garden, fertilizing, dealing with pests, and harvesting. An appendix provides information on specific crops. 2018.

[Download from BARD: The New Organic Grower: a Master’s Manual…](https://hdl.loc.gov/loc.nls/db.92939)

Also available on digital cartridge DB092939

# The Well-Designed Mixed Garden: Building Beds and Borders with Trees, Shrubs, Perennials, Annuals, and Bulbs by Tracy DiSabato-Aust

Read by Kerry Dukin

28 hours 16 minutes

Detailed guide to designing a diverse garden that incorporates both herbaceous (soft-stemmed) and woody plant material of various heights, textures, colors, and blooming times. Covers site evaluation including soil and light considerations, plant selection, placement, and maintenance. Offers twenty-seven sample combinations of compatible plants. 2003.

[Download from BARD: The Well-Designed Mixed Garden: Building…](http://hdl.loc.gov/loc.nls/db.71328)

Also available on digital cartridge DB071328

[Download from BARD as Electronic Braille BR18901](https://bard.loc.gov)

Also available in braille BR018901

# The Ultimate Container Gardener: All You Need to Know to Create Plantings for Spring, Summer, Autumn, and Winter by Stephanie Donaldson

Read by Yolande Bavan

7 hours 4 minutes

Describes how to display flowers, herbs, and other plants in baskets, window boxes, or hanging containers for both inside and outside the home. Advice with instructions for year-round cultivation and selection of items for color, fragrance, and location. 2001.

[Download from BARD: The Ultimate Container Garden: All You Need…](http://hdl.loc.gov/loc.nls/db.54750)

Also available on digital cartridge DB054750

[Download from BARD as Electronic Braille BR14261](https://bard.loc.gov)

Also available in braille BR014261

# The New Low-Maintenance Garden: How to Have a Beautiful, Productive Garden and the Time to Enjoy it by Valerie Easton

Read by Kerry Cundiff

8 hours, 25 minutes

Garden columnist describes various simplified gardens that are comfortable in size and scale, have minimal lawn, and require little dividing, pruning, spraying, staking, or topiary. Gives tips for working with nature, banishing weeds, editing plant selections, and incorporating containers, raised beds, and edible gardening. 2009.

[Download from BARD: The New Low-Maintenance Garden: How to…](http://hdl.loc.gov/loc.nls/db.72645)

Also available on digital cartridge DB072645

# Our Life in Gardens by Joe Eck

Read by Ted Stoddard

8 hours 43 minutes

Life partners who cofounded a Vermont landscape design firm share their personal gardening history and the lessons they've learned. In alphabetical essays they discuss favorite ornamental plants and cover topics such as hedges, pergolas, vegetable plots, and planted walls. They stress that gardens need constant care and vigilance. 2009.  
 [Download from BARD: Our Life in Gardens](http://hdl.loc.gov/loc.nls/db.69189)

Also available on digital cartridge DB069189

# Gardening for a Lifetime How to Garden Wiser as You Grow Older by Sydney Eddison

Read by Mitzi Friedlander

5 hours, 22 minutes

The author of Patchwork Garden (RC 32917) describes her decades of creating a home garden and gives advice on taking shortcuts in old age. Offers strategies to reduce the workload, including removing certain demanding plants, choosing ones that require less care, and seeking help when necessary. 2010.

[Download from BARD: Gardening for a Lifetime How to Garden Wiser…](http://hdl.loc.gov/loc.nls/db.72840)

Also available on digital cartridge DB072840

# Covering Ground: Unexpected Ideas for Landscaping with Colorful, Low-Maintenance Ground Covers by Barbara W. Ellis

Read by Lou Harpenau

11 hours 33 minutes

Guide to using ground covers such as vines, spreaders, shrubs, and flowers to add interest to existing gardens, create natural alternatives to traditional lawns, and edge paths, curbs, and driveways. Suggests specific plants for various soil types and sun exposures. Includes design ideas and tips on care and propagation. 2007.   
 [Download from BARD: Covering Ground: Unexpected Ideas for…](http://hdl.loc.gov/loc.nls/db.69712)

Also available on digital cartridge DB069712

# The Bee-Friendly Garden: Design an Abundant, Flower-Filled Yard that Nurtures Bees and Supports Biodiversity by Kate Frey and Gretchen LeBuhn

Read by Kerry Dukin

6 hours, 35 minutes

A garden designer and a biology professor collaborated on this guide to creating gardens that nurture bees. They discuss the different species of bees, the problem of colony collapse disorder, and what attracts bees, and offer tips on planning and caring for bee-friendly flower and edible plant gardens. 2016.

[Download from BARD: The Bee-Friendly Garden: Design an Abundant…](https://hdl.loc.gov/loc.nls/db.96127)

Also available on digital cartridge DB096127

# Beautiful No-Mow Yards 50 Amazing Yard Alternatives by Evelyn J. Hadden

Read by Kerry Dukin

8 hours, 45 minutes

Author asserts that a typical lawn is not the best choice and provides advice and instructions on converting grass yards to more eco-friendly areas. Discusses the benefits of shade, rain, xeric, edible, and stroll gardens; living carpets; meadows; patios; play areas; and ponds. Includes descriptive plant lists. 2012.

[Download from BARD: Beautiful No-Mow Yards 50 Amazing Yard…](http://hdl.loc.gov/loc.nls/db.74679)

Also available on digital cartridge DB074679

# Niki Jabbour’s Veggie Garden Remix: 224 New Plants to Shake up Your Garden and Add Variety, Flavor, and Fun by Niki Jabbour

Read by Jean Cochran

8 hours 8 minutes

An expert on vegetable gardening gives ideas for choosing and caring for unusual vegetable varieties. Each chapter takes a veggie common to backyard gardens, and offers more exotic planting ideas. Gives advice on growing and harvesting these vegetables from around the world. 2018.

[Download from BARD: Niki Jabbour’s Veggie Garden Remix: 224 New…](https://hdl.loc.gov/loc.nls/db.91304)

Also available on digital cartridge DB091304

# Gardening at the Dragon’s Gate at Work in the Wild and Cultivated World by Wendy Johnson

Read by Jill Ferris

19 hours, 48 minutes

Johnson, a founder of the organic Farm and Garden Program at Green Gulch Farm Zen Center in Marin County, California, discusses her meditative gardening life, describes seven principles that influence her garden work, and provides detailed instruction for following her example. 2008.

[Download from BARD: Gardening at the Dragon’s Gate at Work…](http://hdl.loc.gov/loc.nls/db.67452)

Also available on digital cartridge DB067452

# Straw Bale Gardens: the Breakthrough Method for Growing Vegetables Anywhere Earlier and With No Weeding by Joel Karsten

Read by Penny Murphy

5 hours, 45 minutes

Karsten shares all of the secrets he has developed over years for straw bale gardening. You’ll learn how to locate and choose straw bales, then how to condition and plant them for the earliest possible start. You’ll master Karsten’s methods for combating plant pests and maximizing space by applying the principles of vertical gardening to his straw bales. 2013

[Download from BARD: Straw Bale Gardens: the Breakthrough Method…](https://hdl.loc.gov/loc.nls/dbc.01591)

Also available on digital cartridge DBC01591

# Paradise Under Glass: an Amateur Creates a Conservatory Garden by Ruth Kassinger

Read by Norine Domenico

12 hours, 11 minutes

Ruth Kassinger was at an emotional crossroads. Confronted with the death of a beloved sister, her children’s departure for college, and her own recent battle with breast cancer, she was searching for a way forward. One cold, gray evening, flooded with thoughts of change and loss, she wandered into the U.S. Botanic Garden’s conservatory and a dream was born. Dazzled by the vast and dense tangle of greenery, she began a quest to create a verdant sanctuary of her own at her home in suburban Washington, D.C. Kassinger takes us step-by-step from the construction of her conservatory through her efforts to identify the easiest to grow, most beautiful houseplants. Her journey to create her own tropical refuge is also a lively narrative tour of the glasshouses of the past. Throughout, she shares the knowledge and insights that creating and sustaining her garden has bestowed, lessons of loss and letting go, nurturing and rebirth, challenge and change, love and serenity. 2010.

[Download from BARD: Paradise Under Glass: an Amateur Creates…](https://hdl.loc.gov/loc.nls/dbc.02971)

Also available on digital cartridge DBC02971

# The Aromatherapy Garden: Growing Fragrant Plants for Happiness and Well-Being by Kathi Keville

Read by Maggy Stacy

9 hours, 15 minutes

An aromatherapist and herbalist approaches garden design, with a focus on creating an aromatic garden. There are sections on designing for fragrance, tips on how to harvest and utilize plants from aromatic gardens, and entries for suggested plants with detailed descriptions of their scents. 2016.

[Download from BARD: The Aromatherapy Garden: Growing Fragrant…](https://hdl.loc.gov/loc.nls/db.89491)

Also available on digital cartridge DB089491

# The Humane Gardener: Nurturing a Backyard Habitat for Wildlife by Nancy Lawson

Read by Nanette Savard

4 hours, 43 minutes

A journalist who writes for the Humane Society challenges gardeners to rethink ideas about what is welcome in a backyard garden. She encourages planting native plants, allowing native weeds, and encouraging the presence of wildlife, even wildlife usually thought of as pests. Includes profiles of gardeners who have embraced this philosophy. 2017.

[Download from BARD: The Humane Gardener: Nurturing a Backyard…](https://hdl.loc.gov/loc.nls/db.88880)

Also available on digital cartridge DB088880

The New Terrarium: Creating Beautiful Displays for Plants and Nature by Tovah Martin

Read by Faith Potts

5 hours 2 minutes.   
Stressing the importance of having a connection with nature, garden writer Martin provides instructions for creating a variety of small indoor gardens enclosed in glass which thrive with little care. Describes different types of transparent containers such as bell jars and lanterns, recommends plants, and discusses design and maintenance.   
 [Download from BARD: The New Terrarium: Creating Beautiful Displays…](http://hdl.loc.gov/loc.nls/db.69824)

Also available on digital cartridge DB069824

# American Grown the Story of the White House Kitchen Garden and Gardens Across America by Michelle Obama

Read by Kerry Dukin

6 hours, 25 minutes

America's First Lady describes the kitchen garden that she and White House staff planted in 2009 on the south lawn. Discusses seasonal plants and chores, provides recipes, explores other gardens across the country, and examines the history of gardening. 2012.

[Download from BARD: American Grown the Tory of the White House…](http://hdl.loc.gov/loc.nls/db.74829)

Also available on digital cartridge DB074829

# Plant-Driven Design: Creating Gardens That Honor Plants, Place, and Spirit by Scott Ogden

Read by Lou Harpenau

13 hours 7 minutes

Husband and wife garden designers explain their landscaping philosophy, which differs from the prevalent concept of gardens focused on human activities and dominated by hardscapes. They describe how to create idealized natural spaces where plants are the main element and people can become immersed in nature. 2008.   
 [Download from BARD: Plant-Driven Design: Creating Gardens That…](http://hdl.loc.gov/loc.nls/db.69246)

Also available on digital cartridge DB069246

# Fallscaping: Extending Your Garden Season into Autumn by Nancy J. Ondra

Read by Jill Fox

7 hours 53 minutes

After introducing key plants for providing fall blooms, berries, seedheads, and foliage, the authors offer advice on combining these to create gardens that look good not only in the autumn but in one or more other seasons as well. Includes a fall garden-care primer and lists gardening techniques. 2007.   
 [Download from BARD: Fallscaping: Extending Your Garden Season…](http://hdl.loc.gov/loc.nls/db.66173)

Also available on digital cartridge DB066173

# Grasses: Versatile Partners for Uncommon Garden Design by Nancy J. Ondra

Read by Lou Harpenau

4 hours 44 minutes

Guide to incorporating ornamental grasses into perennial gardens to add texture, variety, color, and year-round interest. Provides basic botanical information and offers suggestions for use in borders, pathways, containers, and water features or as ground covers. Discusses design, selection, and sun and soil considerations for specific plants. 2002.  
 [Download from BARD: Grasses: Versatile Partners for Uncommon…](http://hdl.loc.gov/loc.nls/db.69733)

Also available on digital cartridge DB069733

# The Water-Saving Garden: How to Grow a Gorgeous Garden with a Lot Less Water by Pam Penick

Read by Kerry Dukin

7 hours, 12 minutes

A gardening guide for those who live in drought conditions or who simply wish to design gardens that need minimal watering. Includes advice on how to prepare the soil, use water wisely, and choose plants that thrive in low-water environments. 2016

[Download from BARD: The Water-Saving Garden: How to Grow …](https://hdl.loc.gov/loc.nls/db.84886)

Also available on digital cartridge DB084886

# Climate-Wise Landscaping: Practical Actions for a Sustainable Future by Sue Reed and Ginny Stibolt

Read by Eva Wilhelm

10 hours, 45 minutes

A guide for home gardeners, focusing on adapting to changing climates. Advice for planning a garden that is sustainable and environmentally responsible. Covers a wide range of plantings, as well as guidance on using chemicals, watering, and soil preparation. 2018.

[Download from BARD: Climate-Wise Landscaping: Practical Actions…](https://hdl.loc.gov/loc.nls/db.91615)

Also available on digital cartridge DB091615

# The Backyard Parables Lessons on Gardening, and Life by Margaret Roach

Read by Margaret Strom

10 hours, 29 minutes

Companion memoir to And I Shall Have Some Peace There (DB 76235), provides gardening tips and life lessons learned from the decades the author spent working in her upstate New York acreage. She divides her paean to gardening by the elements: water, earth, fire, and wind. Some strong language. 2013.

[Download from BARD: The Backyard Parables Lessons on Gardening…](http://hdl.loc.gov/loc.nls/db.76330)

Also available on digital cartridge DB076330

# The Beginner’s Guide to Starting a Garden: 326 Fast, Easy, Affordable Ways to Transform Your Yard One Project at a Time by Sally Roth

Read by Kay Kerimian

7 hours, 28 minutes

A nature writer gives advice on starting a garden from scratch in stages, focusing on keeping things affordable and time-efficient. Breaking things into easy-to-tackle small projects, she includes tips on plant choices and how best to combine different plant varieties. 2017.

[Download from BARD: The Beginner’s Guide to Starting a Garden: 326…](https://hdl.loc.gov/loc.nls/db.87665)

Also available on digital cartridge DB087665

# The Enabling Garden: A Guide to Lifelong Gardening by Gene Rothert

Read by Butch Hoover

9 hours 2 minutes

A step-by-step guide to barrier-free gardening for people with disabilities and older adults. Provides a checklist for assessing one's gardening abilities, then offers advice on selecting appropriate structures, tools, equipment, plants, and garden designs.

[Download from BARD: The Enabling Garden: a Guide to Lifelong…](http://hdl.loc.gov/loc.nls/db.43253)

Also available on digital cartridge DB043253

# Fresh Food from Small Spaces: The Square-Inch Gardener's Guide to Year-Round Growing, Fermenting, and Sprouting by R.J. Ruppenthal

Read by Butch Hoover

7 hours 15 minutes

Believing energy costs will soon make it necessary for even urban dwellers to grow their own food, the author provides tips for vegetable and fruit gardening in nontraditional locations such as patios, balconies, rooftops, and windowsills. Also discusses making yogurt, kefir, and fermented foods and raising chickens and bees.  
 [Download from BARD: Fresh Food from Small Spaces: the Square-Inch…](http://hdl.loc.gov/loc.nls/db.69996)

Also available on digital cartridge DB069996

# Landscaping with Stone by Pat Sagui

Read by Lou Harpenau

5 hours 15 minutes

Suggestions for incorporating natural stone into gardens, walkways, patios, steps, walls, water features, and more. Covers design and planning stages as well as construction and installation for both dry-laid projects and those requiring mortar. Discusses planting considerations, using different types of stone, and employing gravel and sand beds. 2009.  
 [Download from BARD: Landscaping the Stone](http://hdl.loc.gov/loc.nls/db.71171)

Also available on digital cartridge DB071171

# The Complete Shade Gardener by George Schenk

Read by Gary Tipton

13 hours, 54 minutes

Discusses the creation of a shady retreat covering all the basics from determining the site and preparing the soil to fending off pests and selecting specific trees, shrubs, groundcovers, ferns, perennials, annuals, and edibles. Expanded 1991 update of 1984 edition with 2002 appendix. 2002.

[Download from BARD: The Complete Shade Gardener](https://hdl.loc.gov/loc.nls/db.59186)

Also available on digital cartridge DB059186

Download from BARD as Electronic Braille BR15677

Also available in braille BR015677

# Dog-Friendly Gardens, Garden-Friendly Dogs by Cheryl S. Smith

Read by Kerry Dukin

6 hours 32 minutes

Tips on harmoniously keeping both a garden and a dog. Provides recommendations for bed design and vegetation, including groundcovers and grass, and warns against harmful plants and products. Covers mulches, composts, vegetables, paths, fencing, and some aspects of dog play. Discusses designating pet-digging areas. 2004.

[Download from BARD: Dog-Friendly Gardens, Garden-Friendly Dogs](http://hdl.loc.gov/loc.nls/db.66349)

Also available on digital cartridge DB066349

# Herb Gardening: How to Prepare the Soil, Choose Your Plants, and Care for, Harvest, and Use Your Herbs by Melissa Melton Snyder

Read by Kerry Dukin

10 hours, 17 minutes

Guide to growing herbs, from choosing a site to harvesting and winterizing, with chapters in between that include sample garden designs, tips on choosing what to grow, and tools gardeners will need. Describes planting and growing herbs, from seeds to mature plants. 2016.

[Download from BARD: Herb Gardening: How to Prepare the Soil…](https://hdl.loc.gov/loc.nls/db.86333)

Also available on digital cartridge DB086333

# Gardening When It Counts: Growing Food in Hard Times by Steve Solomon

Read by Butch Hoover

15 hours 19 minutes

Longtime gardener and past proponent of the intensive-gardening trend has switched to espousing the benefits of extensive vegetable gardening--spacing seedlings far apart to yield larger plants that use less water, fertilizer, and labor. Also discusses tools, compost, and pests. 2005.   
 [Download from BARD: Gardening When It Counts: Growing Food in…](http://hdl.loc.gov/loc.nls/db.68366)

Also available on digital cartridge DB068366

[Download from BARD as Electronic Braille BR18448](https://bard.loc.gov)

Also available in braille BR018448

# Creating Beds and Borders: Creative Ideas from America's Best Gardeners by Taunton Press

Read by Butch Hoover

5 hours 34 minutes

The authors explain that borders are planting areas viewed from one side, whereas beds are freestanding islands. They recommend design strategies, plants, and techniques to create both types of gardens. They instruct on planting in wet, shady spots, creating raised beds, developing all-season borders, and designing a warm-climate display. 2001.  
 [Download from BARD: Creating Beds and Borders: Creative…](http://hdl.loc.gov/loc.nls/db.65770)

Also available on digital cartridge DB065770

# Container Gardener’s Handbook: Pots, Techniques, and Projects to Transform Any Space by Frances Tophill

Read by Margaret Strom

5 hours, 10 minutes

A horticulturalist and presenter for the BBC shares container gardening ideas for those whose plant needs are limited by space and budgets. She gives advice for selecting pots, choosing and caring for plants, and undertaking creative projects with a focus on recycling materials. 2017.

[Download from BARD: Container Gardener’s Handbook: Pots…](https://hdl.loc.gov/loc.nls/db.96682)

Also available on digital cartridge DB096682

# The Victory Garden Companion: America’s Most Popular Gardening Series Offers Expert Advice for Creating a Beautiful Landscape for Your Home by Michael Weishan and Laurie Donnelly

Read by Butch Hoover

10 hours, 41 minutes

Weishan, host of a public television gardening show, provides a comprehensive guide to landscaping for all experience levels. Stresses the importance of planning and design in choosing appropriate plants and outdoor features. Includes step-by-step instructions for weekend projects and advice on soil preparation, maintenance, and common problems. 2006.

[Download from BARD: The Victory Garden Companion: America’s Most…](https://hdl.loc.gov/loc.nls/db.65555)

Also available on digital cartridge DB065555

# Gardening Through Your Golden Years by Jim Wilson

Read by Erik Synnestvedt

5 hours, 40 minutes

Former cohost of PBS television show The Victory Garden and author of Landscaping with Wildflowers (RC 35814) shares wisdom gathered from "seasoned" gardeners on the benefits of continuing this hobby into old age. Includes tips to minimize fatigue and other ailments, describes laborsaving methods, and offers all kinds of advice. 2003.

[Download from BARD: Gardening Through Your Golden Years](https://hdl.loc.gov/loc.nls/db.57787)

Also available on digital cartridge DB057787

[Download from BARD as Electronic Braille BR015099](https://bard.loc.gov)

Also available in braille BR015099

# The Able Gardener: Overcoming Barriers of Age & Physical Limitations by Kathleen Yeomans

Read by Ralph Lowenstein

10 hours, 9 minutes

Nurse and gardener Yeomans covers general aspects of gardening while emphasizing adaptive techniques such as using raised beds, back-saving tools, and easy-care plants. If the gardener is visually impaired, she suggests designing with plants that are fragrant, textured, edible, or even audible. Included are exercises for gardeners and mail-order sources for plants, seeds, and supplies (including adaptive tools).

[Download from BARD: the Able Gardener: Overcoming Barriers of Age…](http://hdl.loc.gov/loc.nls/db.040311)

Also available on digital cartridge DB040311

# Theresa Youssef’s Vegetable Gardening for Beginners by Theresa Youssef

Read by Yolande Bavan

7 hours, 32 minutes

Basic gardening guide covers soil preparation, crop selection, organic and container methods, and pest control. Provides instructions for growing eighteen vegetables and four herbs--onions, lettuce, spinach, peas, cabbage, potatoes, broccoli, beets, carrots, radishes, tomatoes, squash, corn, beans, peppers, cucumbers, eggplants, okra, parsley, mint, basil, and catnip--grouped according to hardiness. 2000.

[Download from BARD: Theresa Youssef’s Vegetable Gardening for…](https://hdl.loc.gov/loc.nls/db.62130)

Also available on digital cartridge DB062130