



Low-Impact Exercise

for Seniors or Adults with Limited Mobility

Sit & Be Fit

Auberry Library

33049 Auberry Road | 855.8523

Thursdays at 12pm

Betty Rodriguez Library

3040 N. Cedar Ave. | 600.9245

Every other Monday at 10am & 10:30am

Fowler Library

306 S. 7th Street | 600.9281

Saturdays at 11am

Fig Garden Library

3071 W. Bullard Ave. | 600.4071

Thursdays at 10am & 11:30am

Gillis Library

629 W. Dakota Ave. | 225.0140

Tuesdays at 11am

Sanger Library

1812 Seventh Street | 875.2435

Fridays at 11am

West Fresno Library

188 E. California Ave. | 600.9277

Thursdays at 10:30am

Community Center Sites:

Mosqueda Center

4670 E. Butler Ave.

Wednesdays at 10:30am

Pinedale Community Center

7170 N San Pablo Ave.

Wednesdays at 10am

Senior Citizens Village

1917 S. Chestnut Ave.

Tuesdays at 10:30am

Ted C. Wills Community Center

770 N San Pablo Ave.

Wednesdays at 9:30am

Limited space.

Some libraries require registration.

APRIL THROUGH JUNE 2019



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